EDUCATERING SOLUTIONS

WOODLANDS AUTUMN 2026

SEPTEMBER -DECEMBER

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Veggie Balls in Tomato & Herb Sauce, Linguine, Cheese & Sweetcorn	Fragrant Chicken Tikka Masala	Oven Roasted Sliced Chicken	Traditional Beef & Mushroom Bolognese with Spaghetti	Oven Baked Pollock Fish Fingers
MEAT FREE MAIN COURSE	Oven Baked Jacket Potato, Reduced Salt & Sugar Baked Beans, Cheese	Fragrant Chickpea Tikka Masala	Crispy Cauliflower Grill	Vegetarian Soya & Mushroom Bolognese with Spaghetti	Crispy Pea & Veg Bites
Sides	---	Brown Rice & Cauliflower Floret	Roast Potatoes. Peas & Carrots with Gravy	Cucumber Sticks & Crispy Garlic Bread	Rosemary Wedges & Reduced Salt & Sugar Baked Beans
Second Course	Homemade Vanilla Yoghurt with Stewed Apples	---	Homemade Vanilla Yoghurt	Cheese Slice & Oatcake	Homemade Vanilla Yoghurt & Pear Slices
OR FRESH FRUIT	Galia Melon Wedge	Fresh Fruit Salad	Watermelon Slice	Pineapple Sticks	Apple Wedges

DATES: 14TH SEPTEMBER | 5TH OCTOBER | 26TH OCTOBER | 16TH NOVEMBER | 7TH DECEMBER

All Our Dairy Products are **Red Tractor Assured**

Reduced Salt and Sugar

MSC - Approved by the **Marine Stewardship Council**