

# HungryMoose - Autumn Menu Week 1

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
MAIN MENU LUNCH	Chicken & Sweet Chilli Stir Fry, served with Noodles and Garden Peas	Smokey "Pulled Pork" With Roasted Mixed Peppers and Onions, served with Sweetcorn and New Potatoes	Chicken Meatball Marinara and Pasta with Garlic Bread Garden Peas	Roast Turkey, Homemade Stuffing, Roasted New Potatoes served with Peas	Slow Cooked Beef Rogan Josh Served with Braised Rice Cauliflower Florets
VEGETARIAN LUNCH MENU	Quorn & Sweet Chilli Stir Fry, served with Noodles and Garden Peas	Smokey Mixed Beans With Roasted Mixed Peppers and Onions, served with Sweetcorn and New Potatoes	Veggie Meatball Marinara and Pasta with Garlic Bread Garden Peas	Roast Quorn, Homemade Stuffing, Roasted New Potatoes served with Peas	Sweet Potato and Lentil Rogan Josh Served with Braised Rice Cauliflower Florets
DESSERT	Melon Wedges	Apple Strudel	HungryMoose Dessert of the Week	Fruit Platter	Fruit Salad
TEA MENU	Autumn Stew with Butternut Squash, Sweet Potato and Lentils	Creamy Paprika, Lemon and Mushroom Fish Served with Steamed Rice	Jacket Potatoes with Baked Beans and Cheese	Cold Indian Spiced Chicken with Pitta Bread served with Fresh Crudities	Cheese and Tomato Focaccia with Crudites
VEGETARIAN TEA MENU	Autumn Stew with Butternut Squash, Sweet Potato and Lentils	Creamy Paprika, Lemon and Mushroom Quorn Served with Steamed Rice	Jacket Potatoes with Baked Beans and Cheese	Roasted Falafel Pitta Bread served with Fresh Crudities	Cheese and Tomato Focaccia with Crudites

# HungryMoose - Autumn Menu Week 2

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
MAIN MENU LUNCH	Roast Chicken, Roasted Parsley New Potatoes, Mixed Vegetables and Gravy	Pork Stroganoff served with Steamed Rice and Green Beans	Creamy Paprika Chicken with Roasted Onions and Mixed Peppers Served with Pasta and Broccoli	Spanish Style Chicken Paella Served with Sweetcorn	Beef Mince, Roasted Onion, Peas and Carrot Hotpot served with Steamed Cabbage
VEGETARIAN LUNCH MENU	Quorn Fillet Roasted Parsley New Potatoes Mixed Vegetables and Gravy	Mushroom and Lentil Stroganoff with Steamed Rice and Green Beans	Creamy Paprika Haricot Beans with Roasted Onions and Mixed Peppers Served with Pasta and Broccoli	Sweet Potato and Vegetable Paella served with Sweetcorn	Soya Mince, Roasted Onion, Peas and Carrot Hotpot served with Steamed Cabbage
DESSERT	Fresh Fruit Selection	Pineapple Sticks	HungryMoose Dessert of the Week	Fresh Fruit Medley	Jammy Splodger
TEA MENU	Baked Jacket Potato With Beef Bolognese	Sweet and Sour Chicken Noodle Salad	Homemade Focaccia Pizza served with Roasted Butternut Squash and Carrots	HungryMoose Sausage Rolls served with Baked Beans and Wedges	Cheese and Ham Turnover with Crudites
VEGETARIAN TEA MENU	Baked Jacket Potato With Lentil Bolognese	Sweet and Sour Chick Pea and Noodle Salad	Homemade Focaccia Pizza served with Roasted Butternut Squash and Carrots	HungryMoose Veggie Rolls served with Baked Beans and Wedges	Cheese and Tomato Turnover with Crudites

# HungryMoose - Autumn Menu Week 3

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
MAIN MENU LUNCH	Turkey Ragu with Penne Pasta, and Broccoli Florets	Thai Green Fish Curry with Peppers and Onions Served with Rice and Green Beans	Oriental Slow Cooked Pork and Autumn Vegetables Served with Noodles and Carrots	Chicken Tikka Masala, Braised Rice served with Steamed Broccoli	Roast Turkey, Homemade Stuffing, Roasted New Potatoes served with Peas
VEGETARIAN LUNCH MENU	Soya Mince Ragu served with Penne Pasta and Broccoli Florets	Thai Green Lentil Curry with Peppers and Onions Served with Rice and Green Beans	Oriental Mushroom, Chickpea and Autumn Vegetables with Noodles and Carrots	Lentil Masala, Braised Rice served with Steamed Broccoli	Roast Quorn, Homemade Stuffing, Roasted New Potatoes served with Peas
DESSERT	Flavoured Yoghurt	Fruit Platter	HungryMoose Dessert of the Week	Natural Yogurt	Fruit Salad
TEA MENU	Chicken Meatballs in a Dill and Cheese Sauce Served with New Potatoes	Mediterranean Veg and Spinach Pinwheels served with Cucumber Sticks	Italian Style Chicken, served with Rosemary and Garlic Bread and Pesto Cucumber	Jacket Potato with Cheese and Baked Beans	Pineapple Pizza with Crudites
VEGETARIAN TEA MENU	Quorn Meatballs in a Dill and Cheese Sauce Served with New Potatoes	Mediterranean Veg and Spinach Pinwheels served with Cucumber Sticks	Italian style Quorn Pieces served with Rosemary and Garlic Bread And Pesto Cucumber	Jacket Potato with Cheese and Baked Beans	Pineapple Pizza with Crudites

# HungryMoose - Autumn Menu Week 4

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
MAIN MENU LUNCH	Lentil Chilli con Carne with Steamed Rice and Sweetcorn	Chicken Tagine with Roasted Carrot and Onions Served with Cous Cous and Peas	Chicken, Butternut Squash and Tomato Pasta, Served with Cauliflower	Slow Cooked Roasted Beef Carrot and Onions Served with New Potatoes Green Beans	Pork Ghoulash with Boiled Rice, Broccoli
VEGETARIAN LUNCH MENU	Lentil Chilli con Carne with Steamed Rice and Sweetcorn	Chickpea Tagine with Roasted Carrot and Onions Served with Cous Cous and Peas	Haricot Beans, Butternut Squash and Tomato Pasta, Served with Cauliflower	Roasted Chickpeas, Swede, Carrot and Onions Served with New Potatoes Green Beans	Butter Bean Ghoulash with Boiled Rice, Broccoli and Sweetcorn
DESSERT	Fruit Wedges	Flavoured Yogurt	HungryMoose Dessert of the Week	Fruit Platter	Fresh Fruit Sticks
TEA MENU	Chicken Biryani Served with Broccoli	Slow Cooked Smoky Pork and Lime served with Steamed Rice	Jacket Potatoes Mediterranean Vegetable Bolognese and Cheese	Creamy Sweet Potato and Carrot Macaroni Cheese Served with Garlic Bread	Cheese , Spinach and Tomato Pinwheels with Crudites
VEGETARIAN TEA MENU	Quorn Biryani Served with Broccoli	Smokey Lentils, Chickpeas and Lime served with Steamed Rice	Jacket Potatoes Mediterranean Vegetable Bolognese and Cheese	Creamy Sweet Potato and Carrot Macaroni Cheese Served with Garlic Bread	Cheese, Spinach and Tomato Pinwheels with Crudites